PAUCELEVATING MEALS, EMPOWERING LIVES

## FOOD MENU

#### Pilau Rice

Herb-infused rice cooked with saffron, served with your choice of tender chicken, savory sausages, or succulent beef, and a side of tangy tomato chutney.

Vegetarian and vegan options available. (V. VG)



Fragrant rice cooked with tender eggplant, seasoned to perfection. (V, VG)



#### Hearty Lentils & Crispy Potatoes

A hearty dish featuring tender lentils served alongside steamed rice, crispy fried potatoes, and a flavorful chutney. Choose from chicken, sausages, or beef to complete this comforting meal.

Vegetarian and vegan options available. (V, VG)



#### Pumpkin Rice

Fragrant pumpkin rice, infused with garlic and herbs, and served with coconut chutney. (V, VG)



#### Red Bean & Herb Rice

Slow-cooked red kidney beans with garlic and fresh herbs, served with steamed rice and chutney. (V, VG)



#### Kichiri Rice & Rougaille

Fragrant saffron rice with yellow split peas, served with rougaille sauce and fresh greens. (V, VG)



#### Dhal Curry

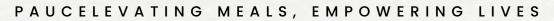
A comforting dhal curry infused with a blend of herbs and spices, served with steamed rice, sautéed eggplant, and fresh greens. (V, VG)



#### Potato Curry

Aromatic potato curry, infused with a mix of spices, and served with steamed rice. (V, VG)





## FOOD MENU

### Simple Mac &

Cheese

A comforting serving of homemade mac & cheese, with the option to add panfried chicken.

Vegetarian and vegan options available (V, VG)



#### Spaghetti Bolognese

A homemade rendition of spaghetti Bolognese, crafted with a rich, savory meat sauce.

Vegetarian and vegan options available (V. VG)



### Tomato & Herb Macaroni

Macaroni cooked in a rich tomato, garlic, and herb sauce, with beef.

Vegetarian and vegan options available. (V, VG)



#### Lasagna

A homemade rendition of hearty beef or chicken lasagna, served with a side garden salad.

Vegetarian and vegan options available (V, VG)



#### Homemade Pie

A homemade pie filled with your choice of chicken, beef, or vegetable (V), encased in a flaky puff pastry crust, and served with a garden salad.

Vegetarian options available. (V)



### Steak & Vegetables

Pan-fried steak, served with a side of seasonal vegetables.



## Chicken & Vegetables

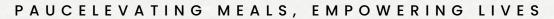
Pan-fried chicken, served with a side of seasonal vegetables.



### Salmon & Vegetables

Salmon served with a side of seasonal vegetables, available pan-fried or steamed.





## FOOD MENU

### Chicken

Dinner

Pan-fried chicken served with herbed mashed potatoes, peas, and carrots.



# Chokers in White Sauce

Chokers cooked in a rich, creamy white sauce, served with a French baguette. Can be paired with your choice of protein—fish, meat, or chicken.

Vegetarian and vegan options available. (V, VG)



#### Beetroot, Egg, and Potato Salad

A hearty beetroot, egg, and potato salad, served with a French baguette.

Vegetarian and vegan options available. (V, VG)



#### Chicken Soup

A flavorful chicken soup with tender pieces of chicken and vegetables.



#### **Beef Soup**

A rich and savory beef soup with tender chunks of meat and vegetables.



#### Vegetable Soup

A hearty and comforting vegetable soup.

Vegetarian and vegan options available. (V, VG)



#### Pumpkin Soup

A smooth and savory pumpkin soup.

Vegetarian and vegan options available. (V, VG)

